



Young Adults and Mental Illness: Resources for Seeking Help

Please note: The Carter Center Mental Health Program does not provide treatment or services for individuals with mental health concerns. Our experts cannot provide medical advice.

Local Services and Organizations

Crises/Referrals:

- Georgia Crisis and Access Line: 1-800-715-4225

Advocacy/Support Group Information:

- National Alliance on Mental Illness (NAMI) – Georgia: 770-243-0855; www.namiga.org
- Mental Health America (MHA) – Georgia: 404-527-7175; www.ciclt.net/nmhag

Support Services (housing, employment, transportation, Social Security, disability, etc...):

- Georgia Constituent Services: 404-657-5964
- National Disability Rights Network (Georgia): <http://www.ndrn.org/en/ndrn-member-agencies/georgia.html>

National Services and Organizations

Crises/Referrals:

- Suicide Prevention Lifeline: 1-800-273-TALK (8255)
- 24/7 Treatment Referral Line: 1-800-662-HELP (4357)
- Disaster Distress Helpline: 1-800-985-5990 OR text TalkWithUs to 66746
- National Alliance on Mental Illness (NAMI) Helpline: 1-800-950-6264

Addiction and Substance Abuse Services:

- Alcoholics Anonymous: www.aa.org
- Narcotics Anonymous: www.na.org

Advocacy/Support Group Information:

- National Alliance on Mental Illness (NAMI): 703-524-7600; www.nami.org
- Mental Health America (MHA): 703-684-7722; www.nmha.org

Support Services:

Substance Abuse and Mental Health Services Administration; www.samhsa.gov

Legal and Policy Resources:

- Judge David L. Bazelon Center for Mental Health Law: 202-467-5730; www.bazelon.org
- National Disability Rights Network: 202-408-9514; <http://www.ndrn.org>

"Waging Peace, Fighting Disease, Building Hope."

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